| 0. | 0.0 | $\uparrow$ | Start of route | 0.1 |
| :---: | :---: | :--- | :--- | :---: |
| 1. | 0.1 | $\rightarrow$ | R to exit parking lot | 0.0 |
| 2. | 0.1 | $\leftarrow$ | L onto Hendon Ave. | 0.1 |
| 3. | 0.3 | $\uparrow$ | Continue onto Bishop <br> Ave | 1.3 |
| 4. | 1.6 | $\leftarrow$ | L onto Maxome Ave | 1.9 |
| 5. | 3.5 | $\uparrow$ | Continue onto <br> Henderson Ave | 0.6 |
| 6. | 4.1 | $\rightarrow$ | R to stay on Henderson <br> Ave | 0.1 |
| 7. | 4.2 | $\rightarrow$ | R onto Proctor Ave | 0.9 |
| 8. | 5.1 | $\leftarrow$ | L onto Bayview <br> Ave/Regional Rd 34 | 4.4 |
| 9. | 9.5 | $\rightarrow$ | R onto Briggs Ave | 0.6 |
| 10. | 10.1 | $\leftarrow$ | L onto Valleymede Dr | 1.5 |
| 11. | 11.6 | $\uparrow$ | Continue onto Spadina <br> Rd | 2.1 |
| 12. | 13.7 | $\uparrow$ | Continue onto Frank <br> Endean Rd | 1.2 |
| 13. | 14.9 | $\rightarrow$ | R onto Redstone Rd | 1.5 |
| 14. | 16.5 | $\rightarrow$ | R onto Toporowski Ave | 0.5 |

16.5 kilometers. +96/-59 meters

| 28. | 47.1 | $\uparrow$ | Continue onto Alden Rd | 1.5 |
| :---: | :---: | :---: | :--- | :---: |
| 29. | 48.6 | $\uparrow$ | Continue onto Esna <br> Park Dr | 0.9 |
| 30. | 49.5 | $\uparrow$ | Continue onto John St | 5.0 |
| 31. | 54.4 | $\leftarrow$ | L onto Henderson Ave | 1.1 |
| 32. | 55.5 | $\leftarrow$ | L to stay on Henderson <br> Ave | 0.6 |
| 33. | 56.2 | $\uparrow$ | Continue onto Maxome <br> Ave | 1.9 |
| 34. | 58.1 | $\rightarrow$ | R onto Bishop Ave | 1.3 |
| 35. | 59.4 | $\uparrow$ | Continue onto Hendon <br> Ave | 0.1 |
| 36. | 59.5 | $\rightarrow$ | R into TTC Parking lot, <br> head towards starting <br> point. | 0.1 |
| 37. | 59.6 | $\uparrow$ | End of route |  |


| 15. | 16.9 | $\leftarrow$ | L onto Leslie St | 2.6 |
| :---: | :---: | :--- | :--- | :--- |
| 16. | 19.5 | $\rightarrow$ | R onto 19th Ave (signs <br> for 19th Avenue) | 2.0 |
| 17. | 21.5 | $\leftarrow$ | L onto Woodbine Ave | 4.4 |
| 18. | 25.9 | $\rightarrow$ | R onto Bethesda Side <br> Rd | 2.1 |
| 19. | 28.0 | $\rightarrow$ | R onto Bethesda Side <br> Rd/Warden Ave/York 65 | 0.0 |
| 20. | 28.1 | $\leftarrow$L onto Bethesda Side <br> Rd | 2.0 |  |
| 21. | 30.1 | $\rightarrow$ | R onto Kennedy <br> Rd/Regional Rd 3 | 11.0 |
| 22. | 41.1 | $\rightarrow$ | R onto The Bridle Trail | 0.3 |
| 23. | 41.5 | $\leftarrow$ | L onto Main St <br> Unionville | 0.7 |
| 24. | 42.1 | $\longleftarrow$ | Jake's on Main pub, <br> rest and break point. R <br> to continue Main St. | 1.5 |
| 25. | 43.7 | $\rightarrow$ | R onto Enterprise Blvd | 1.6 |
| 26. | 45.2 | $\leftarrow$ | L onto Birchmount Rd | 1.1 |
| 27. | 46.3 | $\rightarrow$ | R onto 14th Ave/York <br> Regional Road 71 | 0.8 |

29.9 kilometers. +81/-121 meters

## LEGEND to Column Headings (left to right)

1. Cue Sheet number, corresponds to green map points
2. Distance from the starting point in kilometres
3. Direction symbol
4. Directions explanation/description
5. Distance to next event/turn in kilometres



271 meters


